



# 17 Magic Questions

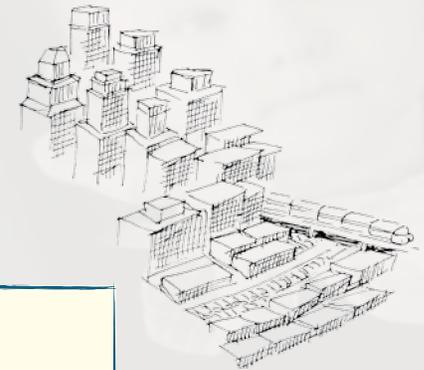
to help YOU  
collect memories  
from the  
**EARLY YEARS OF LIFE**

Created by

Visual Life   
**STORIES**

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# Tips for collecting your memories



Our favourite 17 Magic Questions are presented here for you to ponder, to let your mind wander. Make a cup of tea. **Take your time.**  
**Enjoy the memory journey.**

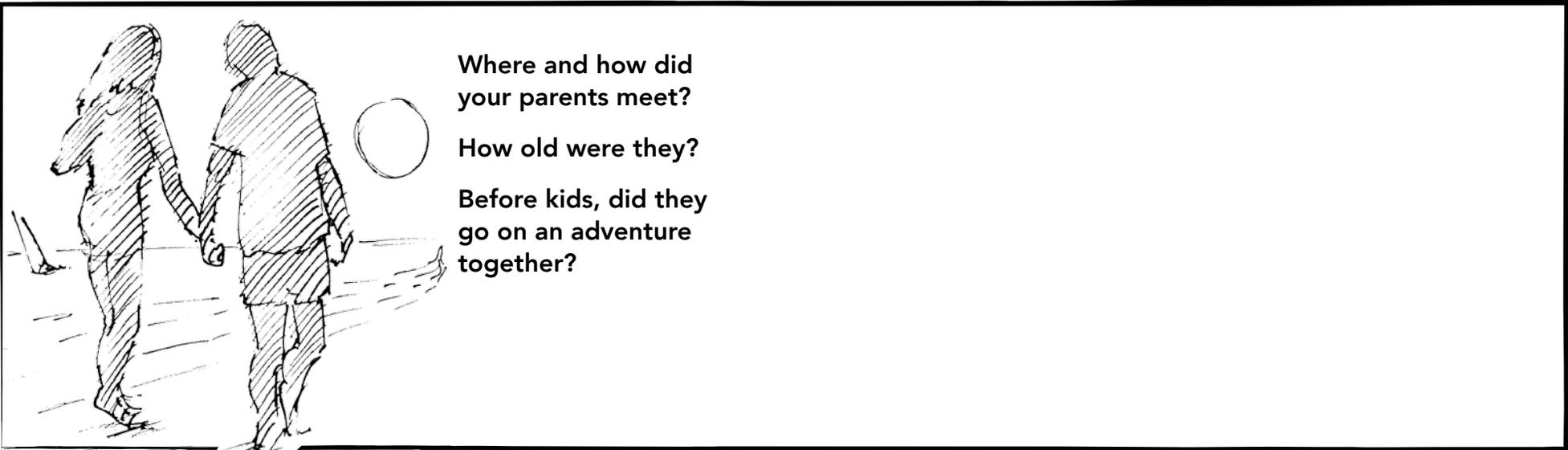
- 1 The "You" in the story can be anyone: you, your mother, father, an aunt, uncle, sister, brother, friend, neighbour, everyone has a story.
- 2 We recommend you read through all the questions before starting. Close your eyes and visualize the past.
- 3 As you start writing, focus on capturing the essence of the memory. Putting the answers into "containers" helps to condense your story. You can write in bullet form or word fragments. The key is to capture the essential story.
- 4 Look for opportunities where visual images such as sketches, maps or photos will help tell the story of your memory. In order to add visuals you will need to take the story from this document and copy it into another file format. This is something we can help you with.
- 5 Colour can be added to the background, around titles or into sketches. Pencil crayons, felt pens and chalk pastels work well.

Share these questions with people who are important to you. Everyone has a story.

These 17 Magic Questions are a selection of questions we have developed for our upcoming Create Your Own Visual Life Story workbook.

**Enjoy the feeling of saving and sharing your memories.**





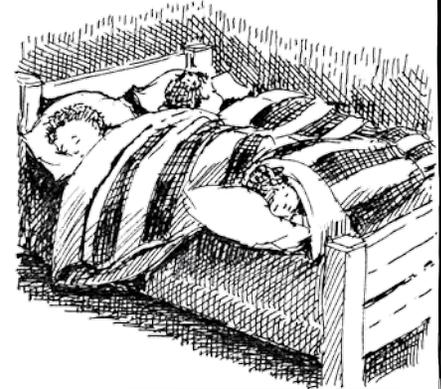
Where and how did your parents meet?

How old were they?

Before kids, did they go on an adventure together?

Is there a story regarding your name?  
Are you named after someone special?  
Did you have a nickname?

Describe your childhood bedroom.  
Did someone tuck you in and read stories before bed?  
Did you share the bed with anyone?



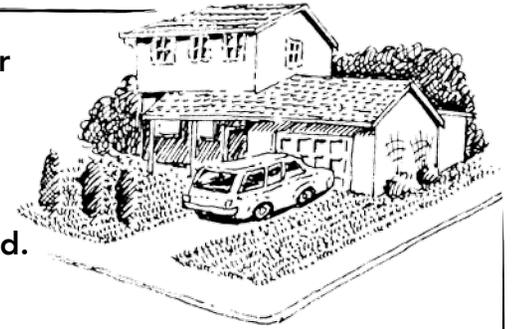
Were your grandparents alive when you were young?  
Describe their home.  
What are a few of your favourite things about them?



Did anyone close to you die when you were young?  
What were the circumstances?

What was your home like as you grew up?

Describe your neighbourhood.



Did you have particular chores as a child?

Describe your favourite childhood meal. Draw it!

Did you have any jobs while growing up? Did these contribute to your career?



What are some of your favourite childhood books? Describe some of the characters, actions or places. Why do you think you loved these books so much?

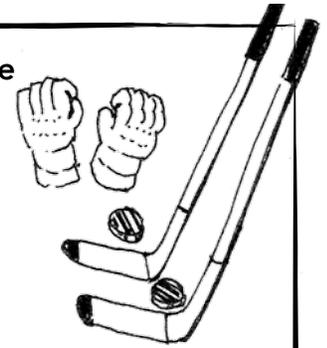
What kind of outdoor activities did you enjoy doing?  
Did you have a special friend that you played with?  
Where would you play?



Describe any artistic endeavours.  
Did someone help you learn to draw, write, paint, sing, dance or play an instrument?



Did you participate in any organized sports?



Describe your first kiss. Describe your first date.

Is there a story or event from your early years that has had long-lasting impacts on your adult life?



Where was your favourite place to go as a child with your family?

Is there a time in your early years where you remember laughing until your stomach hurt? What happened and who were you with?

